

Stock Name	Symbol	--Values at Initial Study--			Voting + -	04/23/00 Price	05/21/00 Price	--% Change From--		SP500 %Chg Fr StudyDt
		Date	Price	SP500				Study Dt	04/23/00	
S&P 500 Stock Index		12/31/1999	1469			1435	1407	-4.2	-1.9	
D-J Industrial Avg		12/31/1999	11497			10844	10627	-7.6	-2.0	
OTC Composite Index		12/31/1999	4069			3644	3390	-16.7	-7.0	
<i>"Best Ideas for 1999" by individual members</i>										
Jones Apparel	JNY	01/26/99	28 15/16	1252		30 3/16	27 1/8	-6.3	-10.1	12.4
Ultratech Stepper	UTEK		17 5/8			13 1/4	13 3/4	-22.0	3.8	
Ticket Master OnLine	TMCS		56 1/2			21 7/16	17 7/8	-68.4	-16.6	
PPG Industries	PPG		55			53	55 1/4	0.5	4.2	
Checkpoint Software (s)	CHKP		23 1/2			161 3/4	161 3/8	586.7	-0.2	
AXA Financial [Formerly Equitable Companies] (s)	AXF		32 3/8			32 1/2	35 7/8	10.8	10.4	
General Motors	GM		91 1/4			88 3/4	87	8.9	-3.1	
+ 0.70 shr Delphi Systems [DPH] added to % change in GM stock value										
						19 5/8	17 5/8			
Medtronic (s)	MDT		35 1/2			52 1/2	52 7/8	48.9	0.7	
Dell Computer (s)	DELL		44 1/4			50	47	6.2	-6.0	
Monsanto (now Pharmacia Cp. after merger)	PHA		44 7/8			51 1/2	55	22.6	6.8	
Core Labs	CLB		19 15/16			28 3/8	23 7/8	19.7	-15.9	
Service Corp. International	SRV		19 1/8			4 7/16	3 1/4	-83.0	-26.8	
Safeway	SWY		57 1/2			47 1/8	44 3/8	-22.8	-5.8	
Intel (s)	INTC		68 1/2			115 3/8	117 7/8	72.1	2.2	
America OnLine (s)	AOL		38 3/4			60	53 3/8	37.7	-11.0	
Nokia (2s)	NOK		18 11/64			49 1/4	49 7/8	174.5	1.3	
Amcol International	ACO		8 1/2			13 1/4	16 11/16	96.3	25.9	
Rydex OTC Fund (s)	RYOCX		15.57			25.82	24.03	54.3	-6.9	
BioMet	BMET		37 1/2			34 7/8	33	-12.0	-5.4	
Affymetrix	AFFX		40 1/4			116 3/8	154 1/2	283.9	32.8	
Atlantic Richfield (merged to 1.64 BP Amoco ADS)	BPA		35 14/17			47 38/93	54 3/4	52.8	15.5	
Janus Olympus Fund	JAOLX		30.25			50.84	48.33	59.8	-4.9	
Maytag	MYG		63 7/8			35	35 1/8	-45.0	0.4	
Emcore	EMKR		24 1/2			63	80	226.5	27.0	
MCI-WorldCom	WCOM		52			40	37 3/4	-27.4	-5.6	
Schering Plough	SGP		52 5/8			40 1/8	44 3/8	-15.7	10.6	
Dycom (s)	DY		26 1/2			49	50 1/4	89.6	2.6	
<i>Best Ideas for 1999 Group Average</i>								57.4	0.9	
<i>Exploration of 1998 High Return S&P 500 Stocks</i>										
Providian Financial	PVN	02/23/99	105 7/8	1271		89 1/8	89 1/2	-15.5	0.4	10.7
Charles Schwab & Co. (s)	SCH		36 7/16			44	41 7/8	14.9	-4.8	
CompuWare (s)	CPWR		31 15/16			11 3/4	10 9/16	-66.9	-10.1	
Dell Computer (s)	DELL		43 9/16			50	47	7.9	-6.0	
Microsoft (s)	MSFT		77 3/4			79	65 1/8	-16.2	-17.6	
Staples	SPLS		30 5/16			18 1/16	16 15/16	-44.1	-6.2	
Lucent Technologies (s)	LU		53 1/2			63	55	2.8	-12.7	
Cisco Systems (2s)	CSCO		25 3/4			65 1/8	53 1/2	107.8	-17.9	

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<i>Telecommunications Services Stocks</i>											
AT&T (s)	T	03/23/99	51 3/4	1262	13	12	50	35 3/4	-30.9	-28.5	11.5
Bell Atlantic	BEL		51		5	20	60 1/4	52 5/8	3.2	-12.7	
MCI WorldCom	WCOM		57 1/3		16	9	40	37 3/4	-34.2	-5.6	
Sprint (s)	FON		48 3/16		3	22	59 1/4	54 3/8	12.8	-8.2	
<i>Integrated International Oil Companies</i>											
Exxon-Mobil	XOM	06/22/99	77	1336	8	19	79	81 3/4	6.2	3.5	5.3
Mobil (Merged into Exxon, 12/99)	MOB		98		9	18	104 3/8	104 3/8	6.5	0.0	
BP Amoco ADR (s)	BPA		55 1/4		5	22	49 3/4	54 3/4	-0.9	10.1	
Royal Dutch	RD		59 1/2		4	23	56 1/2	62 5/8	5.3	10.8	
Shell Transport	SC		46 7/8		6	21	46	51 3/4	10.4	12.5	
Philips Petroleum	P		49 1/2				47 5/8	53 1/4	7.6	11.8	
Kerr-McGee	KMG		50				55 7/8	58 3/4	17.5	5.1	
Fletcher Challenge Energy ADS	FEG		26				24	24 11/16	-5.0	2.9	
Tosco	TOS		26 3/4				32 1/8	32 1/2	21.5	1.2	
Amerada Hess	AHC		60 5/8				62 3/4	67 3/8	11.1	7.4	
<i>"Established" Internet Companies</i>											
America OnLine	AOL	09/28/99	54 15/16	1282			60	53 3/8	-2.8	-11.0	9.7
Amazon.com	AMZN		65 7/8				52 3/8	52 5/8	-20.1	0.5	
Yahoo! Inc.(s)	YHOO		92 3/8				123 1/8	120 3/8	30.3	-2.2	
eBay Inc.	EBAY		138				150 1/4	118 1/4	-14.3	-21.3	
<i>Securities for 30-year-old's and 60-year-old's Portfolio</i>											
Microsoft	MSFT	10/26/99	92 3/8	1282			79	65 1/8	-29.5	-17.6	9.7
Fidelity Select Electronics	FSELX		69.03				105.35	98.18	42.2	-6.8	
Bally Total Fitness Holding	BFT		26 1/2				23 3/4	23 7/16	-11.6	-1.3	
Vanguard Growth Index	VIGRX		33.96				38.17	36.81	8.4	-3.6	
Nasdaq 100 Trust (s)	QQQ		61 1/2				87 1/4	81 3/4	32.9	-6.3	
Cedar Fair	FUN		20				19	19 7/8	-0.6	4.6	
Automatic Data Processing	AUD		47 1/8				50 5/8	51 1/8	8.5	1.0	
Fidelity Fund	FFIDX		35				40.19	38.89	11.1	-3.2	
<i>Dow Jones Industrial Average Stocks</i>											
Eastman Kodak	EK	11/23/99	64	1405			58 1/2	57 1/8	-10.7	-2.4	0.1
General Motors	GM		73				88 3/4	87	19.2	-2.0	
Int'l Business Machines	IBM		106				104	106 1/2	0.5	2.4	
Disney	DIS		27				42 1/4	41 1/8	52.3	-2.7	
Minn. Mining & Manufacturing	MMM		96 5/8				92 1/4	84 1/2	-12.5	-8.4	
<i>"Your Best Idea for 2000" by individual members</i>											
Compaq Computer	CPQ	01/25/00	31	1410			27 7/16	27 7/16	-11.5	0.0	-0.2

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BMC Software	BMCS		43 3/4			42 1/8	42 1/2	-2.9	0.9	
Nokia (s)	NOK		45 3/4			49 1/4	49 7/8	9.0	1.3	
Agilent Technologies	A		67 3/4			90	66 5/8	-1.7	-26.0	
Spanish Broadcasting Sys A	SBSA		34 7/8			19 1/16	17 1/16	-51.1	-10.5	
ServiceMaster	SVM		14 3/8			12 1/16	12 3/16	-15.2	1.0	
Disney	DIS		37 1/2			42 1/4	41 1/8	9.7	-2.7	
Rite-Aid	RAD		7 3/8			5 9/16	7 1/2	1.7	34.8	
JC Penney	JCP		19 5/8			13 1/4	18 1/8	-7.6	36.8	
Lucent	LU		55 3/4			63	55	-1.3	-12.7	
Cendant	CD		20 15/16			15 1/4	15 1/8	-27.8	-0.8	
Armor Holdings	AH		11 1/2			10 1/16	11	-4.3	9.3	
Ericsson (s)	ERICY		17 7/32			19 5/8	19 5/16	12.2	-1.6	
Northfield Labs	NFLD		19 7/16			15 1/4	13 9/16	-30.2	-11.1	
Nasdaq-100 Trust (s)	QQQ		93			87 1/4	81 3/4	-12.1	-6.3	
Equity Office Properties REIT	EOP		25 11/16			27 3/16	28 1/16	9.2	3.2	
Charter One Financial	CF		18			19 1/4	20 1/2	13.9	6.5	
Informix	IFMX		14 1/8			11 15/16	7 9/16	-46.5	-36.6	
CMGI Inc.	CMGI		114 1/2			57 3/4	53 1/8	-53.6	-8.0	
Fidelity Four-In-One Index	FFNOX		26.97			26.94	26.30	-2.5	-2.4	
Atmel	ATML		29 7/16			45 5/8	37 7/8	28.7	-17.0	
Yahoo (s)	YHOO		172 3/4			123 1/8	120 3/8	-30.3	-2.2	
Elcor	ELK		34			29 1/2	34 3/4	2.2	17.8	
Forest Labs	FRX		65 7/8			83 1/2	85 1/2	29.8	2.4	
Adams Express Fund	ADX		33 1/2			34 3/8	34 3/8	2.6	0.0	
Global Crossing	GBLX		51 7/8			28 1/8	28 5/8	-44.8	1.8	
Firsthand eCommerce Fund	TEFQX		15 23/25			11 6/25	11 16/25	-26.9	3.6	
Cisco Systems (s)	CSCO		56 1/16			65 1/8	53 1/2	-4.6	-17.9	
Viacom, Cl. B	VIA.B		57 5/8			51 1/8	58 5/8	1.7	14.7	
JDS Uniphase (s)	JDSU		116			85 1/4	82	-29.3	-3.8	
								-9.4	-0.8	
	Biotechnology Stocks									
Amgen	AMGN	03/28/00	62 7/8	1508		54	59 7/8	42.9	10.9	-6.7
Chiron	CHIR		42 1/8			40 7/8	36 1/8	-14.2	-11.6	
Dura Pharmaceutical	DURA		13 1/4			11 7/8	11 11/16	-11.8	-1.6	
Elan ADR	ELN		44 3/4			43 3/4	40 3/8	-9.8	-7.7	
Genzyme	GENZ		47 3/4			42 3/8	52 1/2	9.9	23.9	
IDEC Pharmaceutical	IDPH		113 1/2			63 1/8	69 7/8	-38.4	10.7	
Immunex	IMNX		65 3/8			37	32 1/4	-50.7	-12.8	
Medimmune	MEDI		181 1/2			144 7/8	164 3/4	-9.2	13.7	
Jones Pharmaceutical	JMED		33 7/8			29	38 1/8	12.5	31.5	
Biotechnology HOLDRs	BBH		174 1/2			133	137 1/2	-21.2	3.4	
Fidelity Select Biotechnology (D)	FBIOX		77.86			62.15	70.51	-9.4	13.5	
Janus Global Life Sciences	JAGLX		19.82			17.05	17.34	-12.5	1.7	
								-9.3	6.3	

Best Ideas for 2000 Group Average

Biotechnology Stock Group Average

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		Date	Price	SP500	+	-	Price	Price	Study Dt	04/23/00			
<i>World's Three Biggest Companies</i>													
General Electric (s)	GE	04/25/00	55 7/24	1477	3	25	55 7/24	51 7/8	-6.2	-6.2			-4.7
Microsoft	MSFT		69 3/8		15	13	69 3/8	65 1/8	-6.1	-6.1			
Cisco Systems	CSCO		66		9	19	66	53 1/2	-18.9	-18.9			
TOTAL LIST AVERAGES:										10.7	-0.9		

COMMENTS:

(s) next to STOCK name, indicates split adjusted; next to FUND name, indicates distribution adjusted.
 (D) next to FUND name, indicates price adjusted for capital gain distribution(s)